

Job title: *Care worker*

Main purpose of job:

- Supporting each clients to take as much control in their life as possible and exercise, their rights, responsibilities and obligation as citizens.
 - Provide service of care to clients to enable them lead as independent lifestyle as possible.
 - - Provide personal care, prompt with medications, assist with diet intake , light household services as directed.

Department: *TLC Nursing and Homecare plus Ltd*

Location/Branch: *Wrexham*

Position reports to: *Manager/ care coordinator/Supervisor*

Position is responsible for: *Clients*

Length of contract: *Fixed contract*

Salary: *£10.42-13/hr*

Main duties

RESPONSIBILITIES:

1. To provide a Service of Care to client to enable them to lead as independent a lifestyle as possible. Care duties will therefore include assisting the client with the following activities and in so doing will at all times observe and respect the clients dignity, privacy and independence as far as practical:

1.1

Personal Care:

- Dressing and undressing / preparing the clients.
- Washing / bathing / showering / shaving / grooming / cleaning teeth.
- Hair care (washing / brushing).
- Nail care (fingernails only).
- Toileting and all aspects of personal hygiene.
- Continence management.
- Care of pressure sores (under appropriate nursing supervision).
- Getting in and out of bed.
- Assisting with the use of Aids to Daily Living / Rehabilitation Aids, as required.

Healthcare – Assist in prompting the client with medication. Dietary Care:

- Preparation of snacks and meals according to the clients likes / dislikes.

Assisting with feeding, as required.

Light domestic / Household Services as indicated:

- Bed-making.
- Clearing refuse and rubbish.
- Laundering as required.

Personal services:

Requirements

1. To conform to all Policies and Procedures laid down by the Organisation detailed within the Company's employee handbook and Health & Safety handbook in respect of carrying out these Care Duties and in other administrative aspects of the business, as relevant.
2. To participate as directed by the Domiciliary Care coordinator / Supervisor in Induction Training and regular In-service Training programmes.
3. To maintain accurate, concise and timely records of service user care, diary sheets.

4. To participate in Staff, Team and Quality Management Review Meetings as directed by the Domiciliary Care coordinator.
5. To report back to the Domiciliary Care coordinator on any aspect of service user care which she feels warrants investigation or urgent action.
6. To participate in reviews of service users' Care Plans as required.

Last updated- Esther Kamau

Date of next review: Feb 2023